



JOB DESCRIPTION

INDEPENDENT CONTRACTOR TITLE: JUVENILE JUSTICE YOGA TEACHER

COMPANY OVERVIEW:

YogaRoots On Location, LLC® leads embodied antiracist organizing through Raja Yoga. We aim to meet people where they are and offer AntiRacist professional development, integrative group and individual Raja yoga classes, and Certified AntiRacist Raja Yoga Teacher Training across the country. Collective liberation is our path to healing. It is our dream to recognize our humanity and find the courage to end systems of patriarchy, capitalism, and racism together.

We see Integrative Raja Yoga as a path to do so.

SUMMARY

YogaRoots On Location is seeking yoga instructors with a passion for teaching school-aged youth and young adults. The position involves working with youth who are currently in the juvenile justice system. Yoga guides have the opportunity to build and foster new relationships with youth and adults who are direct mentors to youth at Shuman Juvenile Detention Center, the Community Intensive Supervision Program (CISP) and young ladies who are currently on probation. As of now, this is a fully virtual position that offers a flexible, part-time schedule. Teachers report directly to the Director of Programming who serves as the communication liaison between the juvenile justice system and YogaRoots On Location. Yoga teachers will offer yoga classes that reflect YROL juvenile justice curriculum and adapt current lesson plans to reflect their personal teaching styles and the needs of the students in the room. We believe that autonomy is crucial in teaching youth, being prepared at any moment to change to meet the needs of the students you will be working with. Each one hour session is an opportunity to exchange knowledge with youth and foster positive relationships.

Hours are flexible and contingent on the youths and staff monitor availability.



RESPONSIBILITIES

- Teach scheduled 60-minute Raja Yoga classes for Juvenile Justice sites (CISP, Shuman) and for the community at large.
- Present within online formats and in-person when it is safe
- Attend initial orientation and training: approximately 13 hours
- Attend regularly scheduled professional development (every 2 months)
- Attend regularly scheduled check-in meetings
- Communicate any changes of availability within two days of a scheduled session
- Work with Director of Programming to understand foundations of Raja Yoga and the 8-limbed path
- Work with youth between the ages of 10-21
- Share schedule availability in Youth Raja Yoga Sessions Tracker
- Establish and maintain open communication with youth and staff
- Share feedback and ideas of change
- Help to sustain and nurture positive relationships with YogaRoots On Location

QUALIFICATIONS:

- Hold and maintain a Yoga Alliance Registered Yoga Instructor - 200 hour level (RYT-200) certification or higher, or yoga certification from a NCCA agency.
- Prior experience teaching youth
- Hold and maintain a CPR/AED certification.
- Hold and maintain Criminal, Child Abuse and FBI Fingerprint clearances.
- Comfortable with group and solo facilitation online and in person.
- Hold space for healing, self-care for restoration, and embodied antiracist organizing as a personal practice.
- Curious and creative mindset
- Honest and transparent

COMPENSATION:

\$30/hour for 30 average hours per month

TO APPLY:

Email cover and resume/cv to Maya Savage, maya@yogarootsonlocation.com.